

May 22, 2018

To: Southeast Area Extension Agents and Staff, FCS and 4-HYD

From: Kathy McEwan, Family and Consumer Science Agent, Southwind District
M. Gayle Price, Family and Consumer Sciences Specialist, SE Area
Beth Hinshaw, 4-H Youth Development Specialist, SE Area

Subj: Area Favorite Foods
Tuesday, June 12, 2018
Anderson Building – Lyon County Fairgrounds

Below are the rules and times for the Favorite Foods Contest. Which will be held at the Anderson Building at the Lyon County Fairgrounds. The fairgrounds are behind the Lyon County Extension Office, which is located at 2632 W US Hwy 50, Emporia, KS 66801

The Favorite Foods Contest will be in conjunction with the SE Area Contest Day. Youth will be charged \$10.00 and can participate in Favorite Foods and any of the judging contests that day. Your registration fee also includes a pass to the Emporia Pool that you can use that afternoon! The pool is open noon-6 p.m.

FAVORITE FOODS

Participants are asked to check in with **Kathy McEwan** after they have registered at the main registration table before setting up. No tables are to be set up before 9:45 a.m. Registration will begin at 9:45 and will close at 10:45 a.m. All tables must be set up at 11 a.m. and Favorite Foods and judging will begin at 11:00 a.m. and completed by 12:30 p.m. Awards will be at 1:15 p.m.

Participants will need to **bring their own card tables** for set up. Participants are allowed up to a 40 × 40 inch card table of equivalent space. Larger entries will be penalized with a lower placing. Please do not include straw, hay, grass, or other such items that create a problem to clean up.

There will NOT be a stove or microwave available for use. No electrical appliances will be allowed. Food should be ready to exhibit. Food items will NOT be tasted by the judges due to food safety concerns!

There are two age categories (4-H age before January 1).

- 1) 13 years and under (min age 9)
- 2) 14 years and over

Counties will be limited to two entries per age category (see enclosed registration) and Districts can have two entries times the number of counties that made up the district. Favorite Food entries are to be left up for viewing until after the awards presentation for viewing.

Enclosures
cc: Dr. J.D. McNutt

FAVORITE FOOD SHOW SCORE CARD

Name: _____

County/District: _____ Age: _____

Theme: _____

The 4-H'er should be prepared to tell the judge how to prepare, serve the food, why they selected the table service and dishes, and why the centerpiece is appropriate. The 4-H'er should also be prepared to discuss some of the menu's nutritional value with the judge.

	Points Possible	Points Received	Comments
I. THE EXHIBITOR 30 POINTS	-	-	
Appropriate dress	5		
Originality	5		
Interview- eye contact, clarity, volume of voice. Demonstrates understanding of table setting techniques and the menu, food preparation and food safety	20		
II. THE FOOD 30 POINTS	-	-	
Can discuss Nutritional Value & Healthy Portions	10		
Understands preparation of the food item	5		
Appearance of food including portion size	5		
Food safety knowledge	10		
III. MENU WITH FAVORITE FOOD 20 POINTS	-	-	
Appropriate food choices	5		
Understanding of meal preparation time management	5		
Knowledge and experience with this menu	5		
Balanced in color and texture	5		
IV. TABLE SETTING WITH FAVORITE FOOD 20 POINTS	-	-	
Appropriate for menu	5		
Menu and recipe are clear and legible	5		
Attractive-color scheme, dishes, food, placemats, linen, etc.	5		
Appropriate centerpiece	5		
TOTAL	100 points		

Circle Placing (circle one):

1st Senior

1st Junior

2nd Senior

2nd Junior

Honorable Mention

Honorable Mention

2018 Southeast Area 4-H/FCS Contest Registration

\$10 per participant, which allows youth to take part in all contests and each registered youth will get a pool pass for swimming at the Emporia Pool that afternoon
Checks will be made to: Little Balkans
Payments can be made day of contest

Favorite Foods

_____ County/District will have participants in the Favorite Food Contest on June 8, 2018

Counties are limited to 2 participants per age category (4-H age by January 1). Districts may have 2 participants per age category x the number of counties that make up the district.

_____ will participate in the 13 years and under category (min age 9).

_____ will participate in the 14 years and over category.

Email by Friday, June 8 to:

**Kathy McEwan – Family and Consumer Sciences Agent
Southwind District, Iola Office**

kmcewan@ksu.edu

Medals

Consumer Judging

Senior — Top 3 individuals and first place team

Junior/Intermediate — Top 3 individuals and first place team

Favorite Foods

Top 2 individuals 13 years and under

Top 2 individuals 14 years and up

(Honorable Mention Certificates have been given the past few years, but it is up to the committee if they want to provide them again.)

It will be up to the 2018 committee chairs to determine what recognition and/or award (certificates for participation, ribbons, etc.) will be given to participants beyond the medal winners.